

# LOWER-DIVISION GENERAL EDUCATION

For an overview of the SF State General Education program, visit our Introduction to General Education (<http://bulletin.sfsu.edu/undergraduate-education/>).

Please note that although General Education courses are available to students in any major, registration in some sections of specific courses may be restricted to students in the Metro Academies.

Some students come to SF State with high enough AP, CLEP, and IB scores to receive college credit. Go to the following link to see what GE requirements are satisfied by these scores. Consult with your major department to see whether any of the credit can count toward your major.

AP – IB – CLEP Test Credit (<http://bulletin.sfsu.edu/undergraduate-education/standardized-external-examinations/>)

## Area A: English Language Communication and Critical Thinking – 9 units

Students taking courses in fulfillment of Areas A1 and A2 will develop knowledge and understanding of the form, content, context, and effectiveness of communication. Students will develop proficiency in oral and written communication in English, examining communication from the rhetorical perspective and practicing reasoning and advocacy, organization, and accuracy. Students will practice the discovery, critical evaluation, and reporting of information, as well as reading, writing, and listening effectively.

In critical thinking (Area A3) courses, students will understand logic and its relation to language; elementary inductive and deductive processes, including an understanding of the formal and informal fallacies of language and thought; and the ability to distinguish matters of fact from issues of judgment or opinion. In Area A3 courses, students will develop the abilities to analyze, criticize, and advocate ideas; to reason inductively and deductively; and to reach well-supported factual or judgmental conclusions.

**Requirements:** Students who start as freshmen must complete a minimum of nine units in Area A, including a minimum of three units in each of the following three areas: Oral Communication, Written English Communication, and Critical Thinking. Specific test and course prerequisites are printed in the Undergraduate Graduation Requirements section of the Bulletin. Beginning in Fall 2014, all Area A courses must be completed with a grade of CR or C– or better to fulfill the General Education requirement.

### Area A1: Oral Communication (3 units required)

Code	Title	Units
AA S 101	First-Year Experience (A1, AERM)	3
AFRS 120	Communicating Realness: Minding the Gap (A1, AERM)	3
COMM 150	Fundamentals of Oral Communication (A1)	3
ENG 210	Oral Communication - Multilingual (A1)	3

### Area A2: Written English Communication (3 units minimum required)

Code	Title	Units
ENG 104 & ENG 105	Writing the First Year: Finding Your Voice Stretch I and Writing the First Year: Finding Your Voice Stretch II (A2)	6
ENG 106	Writing the First Year: Finding Your Voice Stretch I and II (A2)	4
ENG 114	Writing the First Year: Finding Your Voice (A2)	3
ENG 201 & ENG 202	Writing the First Year: Global Perspectives of Multilingual Speakers Stretch I and Writing the First Year: Global Perspectives of Multilingual Speakers Stretch II (A2)	8
ENG 209	Writing the First Year: Global Perspectives of Multilingual Speakers (A2)	3

### Area A3: Critical Thinking (3 units required)

Code	Title	Units
AA S 110	Critical Thinking and the Asian American Experience (A3, AERM)	3
COUN 110	Critically Thinking About Career Choice: Self, Community, Society, and the World (A3, GP, SJ)	3
ETHS 110	Critical Thinking and the Ethnic Studies Experience (A3, AERM)	3
HIST 101	Critical Thinking in History (A3, SJ)	3
HSS 110	Critical Thinking/Student Success in Health & Social Sciences Fields (A3)	3
ISED 204	Critical Thinking for Educational Equity and Social Justice (A3, AERM)	3
LTNS 110	Critical Thinking and the Rhetoric of Latinas/os/x in the 21st Century (A3, AERM, SJ)	3
PHIL 110	Introduction to Critical Thinking I (A3)	3
PSY 111	The Logic and Psychology of Critical Thinking (A3)	3
RRS 110	Critical Thinking and the Ethnic Studies Experience (A3, AERM)	3

## Abbreviations

AERM: American Ethnic and Racial Minorities

ES: Environmental Sustainability

GP: Global Perspectives

SJ: Social Justice

## Area B: Scientific Inquiry and Quantitative Reasoning – 9 units

In Areas B1–B3, students develop knowledge of scientific theories, concepts, and data about both living and non-living systems. Students will achieve an understanding and appreciation of scientific principles and the scientific method, as well as the potential limits of scientific endeavors and the value systems and ethics associated with human inquiry.

In Area B4 courses, students shall develop skills and understanding beyond the level of intermediate algebra. Students will not just practice computational skills, but will be able to explain and apply basic mathematical concepts and will be able to solve problems through quantitative reasoning.

**Requirements:** All students must complete a minimum of nine units in Area B including a minimum of three units in each of the following three areas: Physical Science, Life Science, and Quantitative Reasoning. Additionally, a course that satisfies the Laboratory Science requirement must also be taken.

Specific test and course prerequisites are printed in the Undergraduate Graduation Requirements section of the Bulletin.

**Note:** Some majors require advanced coursework in Areas B1, B2, and/or B3. For students pursuing these majors, some Area B requirements will be met in major or pre-major coursework. For more information, students should refer to the Bulletin description for their major.

### Area B1: Physical Science (3 units minimum required)

Code	Title	Units
ADM 260	Textiles (B1)	3
ASTR 115	Introduction to Astronomy (B1)	3
CHEM 101	Survey of Chemistry (B1)	3
CHEM 180	Chemistry for Energy and the Environment (B1, B3, ES)	3
ERTH 110	Our Dynamic Earth (B1, ES)	3
ERTH 112	Our Dynamic Earth Lecture and Lab (B1, B3, ES)	4
ERTH 162	Our Dynamic Weather Lecture and Lab (B1, B3)	3
ERTH 170	Our Dynamic Ocean (B1, ES)	3
ERTH 172	Our Dynamic Ocean Lecture and Lab (B1, B3, ES)	4
ERTH 210	Physical Geology (B1, B3, ES)	4
ERTH 230	Environmental Geology (B1, B3, ES)	3
ERTH 240	Environmental Water Resources (B1, B3, ES)	3
ERTH 260	Physical Processes in the Atmosphere (B1, B3, ES, GP)	4
GEOG 101	Our Physical Environment (B1, ES)	3
PHYS 101	Conceptual Physics (B1)	3
PHYS 111	General Physics I (B1)	3
PHYS 220	General Physics with Calculus I (B1)	3

### Area B2: Life Science (3 units required)

Code	Title	Units
ANTH 100	Introduction to Biological Anthropology (B2)	3
BIOL 100	Human Biology (B2)	3
BIOL 150	The World of Plants (B2, B3, ES)	3
BIOL 160	Marine Biology (B2, ES)	3
BIOL 170	Animal Diversity (B2, ES)	3
ERTH 115	History of Life (B2, ES)	3
GEOG 160	Introduction to Environmental Science (B2, B3, ES, GP)	4
LTNS 210	Latina/o/x Health Care Perspectives (B2, AERM, ES, GP, SJ)	3
RRS 276	Race, Activism and Climate Justice (B2, AERM, ES, GP, SJ)	3
SPAN 217	Spanish for Health Care Professionals (B2, SJ)	3

### Area B3: Laboratory Science (0–1 units required)

Code	Title	Units
ASTR 116	Astronomy Laboratory (B3)	1
BIOL 101	Human Biology Laboratory (B3)	1
BIOL 150	The World of Plants (B2, B3, ES)	3

CHEM 102	Survey of Chemistry Laboratory (B3)	1
CHEM 180	Chemistry for Energy and the Environment (B1, B3, ES)	3
ERTH 112	Our Dynamic Earth Lecture and Lab (B1, B3, ES)	4
ERTH 162	Our Dynamic Weather Lecture and Lab (B1, B3)	3
ERTH 171	Our Dynamic Ocean Lab (B3)	1
ERTH 172	Our Dynamic Ocean Lecture and Lab (B1, B3, ES)	4
ERTH 210	Physical Geology (B1, B3, ES)	4
ERTH 230	Environmental Geology (B1, B3, ES)	3
ERTH 240	Environmental Water Resources (B1, B3, ES)	3
ERTH 260	Physical Processes in the Atmosphere (B1, B3, ES, GP)	4
GEOG 160	Introduction to Environmental Science (B2, B3, ES, GP)	4
LS 209	Physical Sciences for Elementary School Teachers (B3)	3
PHYS 102	Conceptual Physics Laboratory (B3)	1
PHYS 112	General Physics I Laboratory (B3)	1
PHYS 222	General Physics with Calculus I Laboratory (B3)	1

### Area B4: Quantitative Reasoning (3 units required)

Details on test and course prerequisites are listed in the Undergraduate Graduation Requirements section of the Bulletin.

#### Summary of Quantitative Reasoning Requirements

The B4 course or pathway that needs to be followed depends on a student's MATH/QR placement category or ELM/Remediation status. See the holds and alerts box in the student center for more information.

- Students who have been placed in enrollment category I for Fall 18 and later admission have satisfied the B4 requirement for general education. Please check the requirements for your intended major to verify if a specific math course is required for that major and to confirm whether or not you need to take a math course for your major.
- Students who have satisfied the ELM requirement or passed Math 70 or ESM 70 with a C or better (prior to Fall 18 admission) or who have been placed in category II for Math/QR placement (Fall 18 and later admission) are eligible to take a B4 course. Please check the requirements for your intended major to verify if a math course is required for your major and plan to take that course to satisfy both the B4 and major requirements.
- Students who have not satisfied the ELM requirement or not passed Math 70 or ESM 70 with a C or better (prior to Fall 18 admission) or who have been placed in category III or IV for Math/QR placement (Fall 18 and later admission) must take a B4 course with additional support. Category IV students are also required to complete early start. Please check the requirements for your intended major to verify if a math course is required for your major. Check the table below for information about the additional support needed for that course.

Beginning in Fall 2014, Area B4 courses must be completed with a grade of CR or C– or better to fulfill the General Education requirement.

**B4 Pathways**

<b>B4 Courses for Pathway/Category 2 or ELM; MATH 70 or ESM 70 met</b>	<b>B4 courses with additional support for Pathway/Category 3 and 4 or ELM; MATH 70 or ESM 70 not met</b>
DS 110 Calculus with Business Applications (B4) 3 units	MATH 107 (3 units) and MATH 108* (3 units) across two semesters. MATH 107 and 108 will satisfy all requirements met by DS 110.
CSC 110 Computational Thinking and Quantitative Reasoning (B4) 3 units	MATH 111 (2 units) and CSC 110 concurrently
ISED 160 Data Analysis in Education (B4) 3 units	MATH 122 (2 units) and ISED 160 concurrently
MATH 110 Business Calculus (B4) 3 units	MATH 107 (3 units) and MATH 108* (3 units) across two consecutive semesters. MATH 107 and MATH 108 will satisfy all requirements met by MATH 110.
MATH 124 Elementary Statistics (B4) 3 units	MATH 123 (2 units) and MATH 124 concurrently
MATH 199 Pre-Calculus (B4) 4 units	MATH 197 (3 units) and MATH 198* (3 units) across two consecutive semesters. MATH 197 and MATH 198 will satisfy all requirements met by MATH 199.
PHIL 111 The Art(s) of Quantitative Reasoning (B4) 3 units	MATH 111 (2 units) and PHIL 111 concurrently
PSY 171 Quantitative Reasoning in Psychology (B4) 3 units	MATH 122 (2 units) and PSY 171 concurrently

\* B4 will be satisfied once both semesters of the stretch course are completed with a satisfactory grade.

**Other B4 Courses**

<b>Code</b>	<b>Title</b>	<b>Units</b>
ETHS 116	Algebra and Statistics for Social Justice (B4, S.J)	4
ETHS 117	Statistics for Social Justice (B4, S.J)	3
GEOG 203	Geographical Measurement (B4)	3
HIST 112	Quantitative Reasoning for Civic Engagement (B4, S.J)	3
I R 112	Quantitative Reasoning for Civic Engagement (B4, S.J)	3
LCA 112	Quantitative Reasoning for Civic Engagement (B4, S.J)	3
MATH 108	Mathematics for Business Calculus II (B4)	3
MATH 112	Quantitative Reasoning for Civic Engagement (B4, S.J)	3
MATH 198	Prelude to Calculus II (B4)	3
MATH 226	Calculus I (B4)	4
PHIL 112	Quantitative Reasoning for Civic Engagement (B4, S.J)	3
PLSI 112	Quantitative Reasoning for Civic Engagement (B4, S.J)	3

<sup>1</sup> for Category III and IV students in the Metro Program

<sup>2</sup> for Category I and II students in the Metro Program

**Abbreviations**

AERM: American Ethnic and Racial Minorities  
 ES: Environmental Sustainability  
 GP: Global Perspectives  
 SJ: Social Justice

**Area C: Arts and Humanities – 9 units**

In their Area C coursework, students will develop a better understanding of the interrelationship between the self and the creative arts and of the humanities in a variety of cultures.

**Requirements:** Students starting as freshmen or transfers at SF State must complete a minimum of nine units in Area C including three units in Arts (C1), three units in Humanities (C2), and three units from either Arts (C1) or Humanities (C2).

**Area C1: Arts**

<b>Code</b>	<b>Title</b>	<b>Units</b>
AA S 212	Asian Americans and Mass Media (C1, AERM)	3
AFRS 204	Black Creative Arts (C1, AERM, GP, SJ)	3
AFRS 221	African American Music: A 20th Century Survey (C1, AERM)	3
AFRS 230	African American Gospel Workshop (C1, AERM)	3
AFRS 256	Hip Hop Workshop (C1, AERM, ES, GP, S.J)	3
ART 235	Introduction to Printmaking (C1)	3
ART 240	Introduction to Contemporary Sculpture (C1)	3
ART 245	Introduction to Ceramics (C1)	3
ARTH 201	Western Art History I (C1)	3
ARTH 202	Western Art History II (C1)	3
ARTH 205	Asian Art History (C1, GP)	3
BECA 235	Digital Media Basics (C1)	3
C W 101	Introduction to Creative Writing (C1)	3
CINE 102	Introduction to Contemporary Cinema (C1, GP)	3
CLAR 250	Archaeology of the Ancient World (C1, GP)	3
DANC 208	Cultural History of Dance (C1, AERM)	3
DES 226	Modern Letterpress Printing: Traditional and Digital Techniques (C1)	3
DES 256	Design and Society: Contemporary Design Issues and Applications (C1)	3
HUM 205	Asian Art History (C1, GP)	3
ID 240	Color and Design (C1)	3
ID 245	History of Architecture & Interior Design II (C1)	3
JOUR 235	Photojournalism I: Foundations of Photojournalism (C1)	3
LTNS 225	Latina/o/x Visual Culture (C1, AERM, S.J)	3
M S 202	Introduction to Museum Exhibits (C1)	3
MUS 120	Basic Music I (C1)	3
MUS 122	Basic Music I: Piano (C1)	3
MUS 132	Appreciation of Diverse Music (C1)	3
MUS 280	Traditions and Current Practices of Music and Sound for Healing (C1, GP)	3
MUS 281	The American Musical Experience (C1, AERM, GP)	3
PH 290	Promoting Positive Health (C1, GP)	3
PHIL 160	Introduction to Philosophy of the Arts (C1)	3
RPT 210	Growth Through Art and Leisure (C1)	3

RRS 290	Sounds of Resistance: Race, Rhythm, Rhyme, and Revolution (C1, AERM, GP)	3	FR 216	Intermediate French II (C2, GP)	3
TH A 122	Basic Music I: Piano (C1)	3	GER 101	First Semester German (C2, GP)	4
TH A 130	Acting Workshop I (C1)	3	GER 102	Second Semester German (C2, GP)	4
TH A 200	Introduction to the Theatre (C1)	3	GER 206	Intermediate German Conversation (C2, GP)	3
TH A 201	Love and Sex in Theatre (C1)	3	GER 207	Intermediate German (C2, GP)	3
<b>Area C2: Humanities</b>			GRE 101	Elementary Ancient Greek (C2, GP)	4
<b>Code</b>	<b>Title</b>	<b>Units</b>	GRE 202	Intermediate Ancient Greek (C2, GP)	4
AA S 216	Introduction to Asian American Literature (C2, AERM)	3	HEBR 101	First Semester Modern Hebrew (C2, GP)	3
AA S 218	Asian American Culture (C2, AERM, GP, SJ)	3	HEBR 102	Second Semester Modern Hebrew (C2, GP)	3
AMST 225	Values in American Life (C2, AERM)	3	HEBR 201	Third Semester Modern Hebrew (C2, GP)	3
ANTH 110	Introduction to Archaeology (C2, GP)	3	HEBR 202	Fourth Semester Modern Hebrew (C2, GP)	3
AFRS 210	Introduction to Africana Literature (C2, AERM, SJ)	3	HH 210	The Dao of Well-Being in Chinese Tradition (C2, AERM)	3
AFRS 266	Black Online: Cyberspace, Culture, and Community (C2, AERM, GP, SJ)	3	HIST 110	History of Western Civilization I (C2, GP)	3
ARAB 101	First Semester Arabic (C2, AERM, GP)	4	HIST 111	History of Western Civilization II (C2, GP)	3
ARAB 102	Second Semester Arabic (C2, GP)	4	HUM 130	The Humanities: Major Works (C2)	3
BECA 201	Life on TV: A Critical View (C2, AERM)	3	HUM 220	Values and Culture (C2, GP)	3
CAD 120	Child Development, Social Justice, and Academic Success (C2, AERM, GP, SJ)	3	HUM 225	Values in American Life (C2, AERM)	3
CHIN 101	First Semester Chinese (C2, GP)	4	HUM 235	Comics and Culture (C2)	3
CHIN 102	Second Semester Chinese (C2, GP)	4	HUM 271	The Classic Chinese Novel in Contemporary Pop Culture (C2, GP, SJ)	3
CHIN 103	Third Semester Chinese (C2, GP)	4	I R 260	History and Cultures of Iran (C2, GP)	3
CHIN 228	Chinese Language and Society (C2, GP)	3	ITAL 101	First Semester Italian (C2, GP)	4
CHIN 271	The Classic Chinese Novel in Contemporary Pop Culture (C2, GP, SJ)	3	ITAL 102	Second Semester Italian (C2, GP)	4
CINE 180	The Ancient World in Film (C2)	3	ITAL 103	Third Semester Italian (C2, GP)	3
CLAS 210	Introduction to Greek and Roman Literature (C2)	3	ITAL 206	Italian Conversation (C2, GP, SJ)	3
CLAS 230	Ancient Epic Tales (C2)	3	ITAL 250	Food for Thought: The Importance of Food in Italian Culture (C2, GP)	3
CLAS 240	Greek and Roman Drama (C2, SJ)	3	JAPN 101	First Semester Japanese (C2, GP)	4
CLAS 260	Greek and Roman Mythology (C2, GP)	3	JAPN 102	Second Semester Japanese (C2, GP)	4
CLAS 280	The Ancient World in Film (C2)	3	JAPN 103	Third Semester Japanese (C2, GP)	4
CMX 235	Comics and Culture (C2)	3	JAPN 200	Art of Japanese Writing and Calligraphy (C2)	3
COMM 120	Language, Culture, and Power (C2, AERM, SJ)	3	JOUR 205	Social Impact of Journalism (C2)	3
COMM 250	Introduction to Group Discussion and Teamwork (C2)	3	JS 270	Repairing the World: The Jewish Call for Social Justice (C2, AERM, GP, SJ)	3
CWL 180	Introduction to Videogames: A Comparative Perspective (C2, GP)	3	JS 280	Introduction to Jewish Studies (C2)	3
CWL 220	Reading Beyond Boundaries: An Introduction to Comparing Literatures (C2, GP)	3	KOR 101	First Semester Korean (C2, GP)	4
CWL 230	World Literature (C2, GP)	3	KOR 102	Second Semester Korean (C2, GP)	4
CWL 250	Fables and Tales (C2, GP)	3	LATN 101	Elementary Latin (C2, GP)	4
CWL 260	Myths of the World (C2, GP)	3	LTNS 230	Introduction to Latina/o Literature (C2, AERM, GP, SJ)	3
CWL 270	Fantasy and Fiction: Exploring Parallel Worlds (C2)	3	MGS 150	Modern Greek I (C2, GP)	4
ENG 125	Language, Gender, and Sexuality (C2, SJ)	3	MLL 200	Art of Japanese Writing and Calligraphy (C2)	3
ENG 200	Writing Practices in Professional Contexts (C2)	3	MUS 134	Survey of Music for Film, TV, and Games (C2)	3
ENG 250	Topics in Literature and Culture (C2)	3	PHIL 101	Introduction to Philosophy (C2)	3
ETHS 120	Educational Justice, Health Equity, and Academic Success (C2, AERM, GP, SJ)	3	PHIL 105	Introduction to Philosophy and Religion (C2)	3
FR 101	First Semester French (C2, GP)	4	PHIL 150	Contemporary Moral/Political Issues (C2, SJ)	3
FR 102	Second Semester French (C2, GP)	4	PHIL 210	Great Thinkers: East and West (C2, GP)	3
FR 215	Intermediate French I (C2, GP)	3	PLSI 150	Contemporary Moral/Political Issues (C2, SJ)	3
			PRSN 100	Persian Language Immersion (C2, GP)	3
			PRSN 101	First Semester Persian (C2, GP, SJ)	4
			PRSN 102	Second Semester Persian (C2, GP)	4
			PRSN 206	Basic Persian Conversation (C2, GP, SJ)	3

PRSN 260	History and Cultures of Iran (C2, GP)	3
PRSN 290	Persian Literatures in Translation (C2, GP)	3
RPT 230	Growth Through Adventure (C2)	3
RRS 101	Introduction to Arab and Muslim Communities (C2, AERM, GP, SJ)	3
RRS 201	SFSU's Palestinian Cultural Mural and the Art of Resistance (C2, AERM, GP, SJ)	3
RRS 212	Edward Said (C2, AERM, GP, SJ)	3
RRS 275	Introduction to Pacific Islander Literature: How To Read An Ocean (C2)	3
RRS 280	Disrupting Science Fiction: Race, Gender, and Alternative Futures (C2, AERM)	3
RUSS 101	First Semester Russian (C2, GP)	4
RUSS 102	Second Semester Russian (C2, GP)	4
SPAN 101	First Semester Spanish (C2)	4
SPAN 102	Second Semester Spanish (C2)	4
SPAN 205	Intermediate Spanish I (C2)	3
SPAN 206	Intermediate Spanish II (C2)	3
SPAN 215	Spanish for Heritage Speakers (C2)	3
WGS 220	Introduction to Feminist Disability Studies (C2, SJ)	3

## Abbreviations

AERM: American Ethnic and Racial Minorities

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GP: Global Perspectives

SJ: Social Justice

## Area D: Social Sciences – 6 units

Area D requires units dealing with human social, political and economic institutions and behavior, and their historical background. Courses shall be completed from at least two different disciplines among the lower-division and upper-division required semester units.

Students learn from courses in multiple Area D disciplines that human social, political and economic institutions and behavior are inextricably interwoven. Through fulfillment of the Area D requirement, students will develop an understanding of problems and issues from the respective disciplinary perspectives and will examine issues in their contemporary as well as historical settings and in a variety of cultural contexts. Students will explore the principles, methodologies, value systems and ethics employed in social scientific inquiry. Courses that emphasize skills development and professional preparation are excluded from Area D.

## Area D: Social Sciences & American Institutions

### D1: Social Sciences

Code	Title	Units
AA S 211	Contemporary Asian Americans (D, AERM, SJ)	3
AFRS 101	Introduction to Africana Studies (D, AERM, SJ)	3
AFRS 111	Black Cultures and Personalities (D, AERM, SJ)	3
AFRS 200	Introduction to Black Psychology (D, AERM, GP, SJ)	3
AFRS 203	Black Social Sciences (D, AERM, SJ)	3
AFRS 215	Introduction to Black Family Studies (D, AERM, GP, SJ)	3
AFRS 260	Power, Racism, and Africana Liberation (D, AERM, GP, SJ)	3
AIS 230	Urban Indians (D, AERM, SJ)	3

ANTH 120	Introduction to Social and Cultural Anthropology (D)	3
ANTH 130	Introduction to Visual Anthropology (D)	3
C J 230	Crime, Data, and Analysis (D)	3
CAD 210	Introduction to Applied Child and Adolescent Development (D)	3
CAD 260	Children, Families, and Community: An Ecological Perspective (D, AERM, GP)	3
CINE 101	International Relations Through Cinema (D, GP)	3
COMM 240	Introduction to Nonverbal Communication (D)	3
ECON 101	Introduction to Microeconomic Analysis (D)	3
ECON 102	Introduction to Macroeconomic Analysis (D)	3
ETHS 100	Introduction to Ethnic Studies (D, AERM, GP, SJ)	3
ETHS 221	Health and Social Justice - Burning Issues, Taking Action (D, AERM, SJ)	3
ENG 122	The Evolution of Language in the Digital Age (D)	3
FCS 220	Young Children and Families (D)	3
FIN 101	Personal Finance (D)	3
GEOG 102	The Human Environment (D, ES, GP)	3
GEOG 107	World Regions and Interrelations (D, ES, GP)	3
HH 200	Holistic Approach to Academic Success (D, ES)	3
HH 205	Relaxation and Stress Reduction (D)	3
HIST 114	World History to 1500 (D, GP)	3
HIST 115	World History Since 1500 (D, GP)	3
I R 104	Introduction to International Relations: Politics, Economics, Environment, and People (D, ES, GP, SJ)	3
I R 201	International Relations Through Cinema (D, GP)	3
ISYS 263	Introduction to Information Systems (D, GP)	3
KIN 255	Health-Related Fitness and Wellness (D, ES, GP, SJ)	3
LABR 250	Introduction to the Study of Labor (D, GP)	3
LABR 251	Know Your Work Rights (D, SJ)	3
LTNS 211	Latina/o/x Families (D, AERM, GP, SJ)	3
LTNS 265	Topics in Latina/o/x History (D, AERM, SJ)	3
PH 200	Global Health (D, GP, SJ)	3
PH 210	Personal and Social Determinants of Health (D, SJ)	3
PH 221	Health and Social Justice - Burning Issues, Taking Action (D, AERM, SJ)	3
PHIL 130	Political and Social Philosophy (D, AERM, SJ)	3
PLSI 100	Understanding Politics (D, SJ)	3
PLSI 106	Capitalism, Socialism, and Democracy: Introduction to Political Economy (D, SJ)	3
PSY 200	General Psychology (D)	3
RPT 200	Foundations of Recreation, Parks, and Tourism (D)	3
RPT 205	Adventure Travel (D)	3
RPT 280	Developmental Play Processes (D)	3
RRS 100	Introduction to Ethnic Studies (D, AERM, GP, SJ)	3
RRS 255	Voices in Exile: Arab and Muslim American and Civil Liberties post-9/11/2001 (D, AERM, GP, SJ)	3
S ED 200	Introduction to Teaching and Education (D)	3
SOC 105	Sociological Perspectives (D)	3
SOC 110	Sexuality in Society (D, SJ)	3
SOC 200	Changing Cities (D, SJ)	3
SOC 245	Social Problems (D, SJ)	4

SXS 110	Sexuality in Society (D, SJ)	3
USP 200	Changing Cities (D, SJ)	3
WGS 200	Introduction to Women and Gender Studies (D, AERM, GP, SJ)	3
WGS 200SP	Introduction to Women and Gender Studies - Spanish (D1, AERM, GP)	3
WGS 210	Introduction to Feminism and the State (D, SJ)	3

## D2: U.S. History

In U.S. History courses, students will learn about the relationships among regions within the area of study and with external regions and states and the role of major ethnic and social groups in such events and the contexts in which the events have occurred.

Code	Title	Units
AA S 210	History of Asians in the United States (AERM, USH)	3
AFRS 208	Introduction to African American History (AERM, GP, SJ, USH)	3
AIS 103	Introduction to Pacific Islander Studies (AERM, GP, SJ, USH)	3
AIS 150	American Indian History in the United States (AERM, SJ, USH)	3
AMST 265	Christmas and Hanukkah in the United States (AERM, USH)	3
ETHS 241	Health and Social Movements in the United States in the 20th Century (AERM, SJ, USH)	3
HIST 120	History of the U.S. through Reconstruction (USH, AERM)	3
HIST 121	History of the U.S. since Reconstruction (USH, AERM, SJ)	3
HIST 130	U.S. History for International Students (USH)	3
HIST 201	History of Struggles for Equity and Justice (AERM, SJ, USH)	3
HIST 265	Christmas and Hanukkah in the United States (AERM, USH)	3
HIST 278	History of Latinos in the U.S. (AERM, SJ, USH)	3
JS 265	Christmas and Hanukkah in the United States (AERM, USH)	3
LTNS 278	History of Latinos in the U.S. (AERM, SJ, USH)	3
PH 241	Health and Social Movements in the United States in the 20th Century (AERM, SJ, USH)	3
RELS 265	Christmas and Hanukkah in the United States (AERM, USH)	3
RRS 103	Introduction to Pacific Islander Studies (AERM, GP, SJ, USH)	3
RRS 240	All Power to the People: Comparative Freedom Movements of the "Sixties" (AERM, SJ, USH)	3
RRS 252	Beyond Bars and Borders: Race and the Carceral State (AERM, USH)	3
WGS 150	Women and Gender in U.S. History and Society (AERM, SJ, USH)	3

## Abbreviations

AERM: American Ethnic and Racial Minorities  
 ES: Environmental Sustainability  
 GP: Global Perspectives

SJ: Social Justice

## Area E: Lifelong Learning and Self-Development (LLD)

This requirement is designed to equip learners for lifelong understanding and development of themselves as integrated physiological, social, and psychological beings. Physical activity may be included if it is an integral part of the study elements described herein.

Content may include topics such as student success strategies, human behavior, sexuality, nutrition, physical and mental health, stress management, information literacy, social relationships and relationships with the environment, as well as implications of death and dying or avenues for lifelong learning. Courses in this area shall focus on the development of skills, abilities, and dispositions.

SF State Studies requirements that are met in Area E courses are indicated after the course title.

## Area E: Lifelong Learning and Self-Development

Code	Title	Units
A U 101	First-Year Experience for Transfer Students (E)	3
AA S 106	Asian American Activism (E)	3
AA S 108	Asian American Artistic Explorations: Creativity, Identity, and Community (E)	3
AMST 200	Self, Place, and Knowing: Introduction to Interdisciplinary Inquiry (E)	3
BUS 216	Foundations in Business Communications (E)	3
CHIN 270	China and the West: Cross-Cultural Encounters Through Literature and Art from Middle Ages-Present (E, GP, SJ)	3
CMX 200	Comics, Campus, and You (E)	3
CWL 216	Telling Stories: How the World Writes 'You' (E, GP)	3
E ED 250	Teaching and Learning Beyond the Classroom (E)	3
ENG 216	Cultivating Curiosity: Explore Your World, Your Identity, and Your Future (E)	3
ENG 217	Multilingual Voices: Bridging the Distance with Our Stories (E)	3
ENG 218	Literature Is Not A Luxury: Writing For Self and Community (E)	3
GEOG 180	First-Year Experience: Sustainable City, Sustainable You (E)	3
HIST 103	The History of Me (E, SJ)	3
HSS 210	Social Justice in Action: A Health and Social Sciences Perspective (E, SJ)	3
I R 259	Children and Youth in International Relations (E, GP, SJ)	4
ITEC 299	How to Learn With Your Mobile Device (E)	3
LIB 150	Social Justice, Information Privilege, and You (E)	3
LS 200	Self, Place, and Knowing: Introduction to Interdisciplinary Inquiry (E)	3
LTNS 270	Latina/o/x Murals, Memes, Music, and More: Latina/o/x Arts & Humanities (E, AERM, SJ)	3
MLL 150	Don Quixote as Self-Made Superhero: Art and Life in an Unjust World (E)	3
MSCI 200	Adventures in Marine Science (E)	3

PSY 205	First Year Experience: Translating Personal Experiences to a Science of Mind and Behavior (E)	3	AIS 550	American Indians in Contemporary U.S. History (F, AERM, SJ, USH)	3
SCI 101	First-Year Experience in Science and Engineering (E)	3	HIST 466	History of People of Color in the U.S. (F, AERM, SJ, USH)	3
SPAN 150	Don Quixote as Self-Made Superhero: Art and Life in an Unjust World (E)	3	LTNS 222	Latina/o/x Art History (F, AERM, GP)	3
SPED 230	Critical Issues in Special Education: Debunking Myths and Stereotypes (E)	3	LTNS 400	Latina Girlhood (F)	3
			LTNS 415	Latina/o Economic Empowerment (F)	3
			LTNS 445	Gendered Borders: Latinas and Globalization (F, AERM, GP, SJ)	3
			LTNS 465	Mexican American and Chicana/x/o History (F, AERM, GP)	3

**Abbreviations**

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**Area F: Ethnic Studies**

This 3 unit requirement fulfills Education Code Section 89032.

Code	Title	Units			
AA S 338	Okinawan American Heritage and Culture (F)	3	RRS 220	Race and Dis/Ability	3
AA S 593	Asian Americans in Education (F)	3	RRS 285	Race, Sports, and Society (F, AERM)	3
AA S 597	Asian Transnational Communities: Variable Topics (F)	3	RRS 295	Race, Public Art, and Creative Resistance (F)	3
AFRS 201	Kemet, Afrocentricity, and the Dawn of Science (F, AERM, GP, SJ)	3	RRS 350	Race, Labor, and Class Struggle (F)	3
AFRS 202	Black Men's Studies (F, AERM, SJ)	3	RRS 520	Race, Radicalism and Revolution (F)	3
AFRS 205	Black Youth Development, Youth Activism, and Digital Media Literacy (F)	3	RRS 566	Gender and Modernity in the Muslim and Arab Worlds (F, AERM, GP, SJ)	3
AFRS 214	Second Year Written Composition: Africana Studies (F, AERM, SJ)	3	RRS 600	History of People of Color in the U.S. (F, AERM, SJ, USH)	3
AFRS 233	Critical Race Theory & Critical Black Consciousness (F)	3	WGS 445	Gendered Borders: Latinas and Globalization (F, AERM, GP, SJ)	3
AFRS 240	Introduction to African American Theatre (F)	3	WGS 505	Gender, Sexuality, and Latino Communities (F)	3
AFRS 260	Power, Racism, and Africana Liberation (F, AERM, GP, SJ)	3	WGS 566	Gender and Modernity in the Muslim and Arab Worlds (F, AERM, GP, SJ)	3
AFRS 290	Malcolm X in the Context of Black Nationalism (F)	3			
AFRS 300	From Africa to Olmec America: Ancient African Prehistory and History (F, AERM, GP)	3			
AFRS 303	African American History (F)	3			
AFRS 320	Black Politics, Mass Movements, and Liberation Themes (F)	3			
AFRS 340	Economics of the Black Community (F)	3			
AFRS 345	Blacks in Urban America (F)	3			
AFRS 525	Black Child Development (F)	3			
AFRS 646	Frantz Fanon's Psychology of Violence, Negation, and Liberation (F)	3			
AFRS 660	Civil Rights Movement and Education (F)	3			
AFRS 675	Variable Topics in Africana Studies (F)	3			
AFRS 678	Urban Issues of Black Children and Youth (F)	3			
AIS 160	Survey of Native California (F, AERM, ES, SJ)	3			
AIS 162	American Indian Oral Literature (F)	3			
AIS 235	American Indians: Image and Issues in the Mass Media (F, AERM, SJ)	3			
AIS 360	Modern American Indian Authors (F, AERM)	3			
AIS 410	Perspectives of Native California Indians (F, AERM)	3			