

MINOR IN COUNSELING

Undergraduate Minor Advisor: Dr. Rebecca Toporek rtoporek (<http://bulletin.sfsu.edu/colleges/health-social-sciences/counseling/minor-in-counseling/rtoporek@sfsu.edu>)@sfsu.edu (sfitz@sfsu.edu)

The Minor in Counseling program and related elective courses emphasize counseling as it relates to a variety of major fields of study. COUN 690 provides a broad overview of the entire field of counseling and COUN 691 exposes students to the department's core value of multicultural human relations.

The Field of Counseling

Students are introduced to the counseling profession through an overview of the role and functions of counselors in career, college, marriage, family and child, school, mental health, and rehabilitation settings; historical perspective; professional identification; ethical considerations; and self-awareness.

Psychological Understandings

Students receive a general introduction to the field of counseling and psychological dynamics.

Decision Making

Students examine how individuals make choices and how decisions are made through self-assessment and evaluation by others. The study includes ethnic and cultural differences in the decision-making process.

Multicultural Human Relations

This group of courses equips students with the intrapersonal and interpersonal insights, socio-historical knowledge and communication competencies necessary to develop and enhance their multicultural relationships.

The counseling minor requires that students take courses that coincide with their major field of study. In addition to required courses, students must take elective courses. The electives must include courses that address social justice and at least one fieldwork course. Students must select courses with the approval of the minor advisor. Courses used to fulfill a major requirement may also be counted to fulfill the minor requirements.

Counseling, Minor – 18-20 units

- A minimum of 6 upper-division units are required to complete the minor.
- All coursework used to satisfy the requirements of the minor must be completed with a minimum grade point average of 2.0.
- All coursework must be taken at SF State except for the general psychology course, which can be transferred from a community college.

Required Core Courses (12 units)

| Code | Title | Units |
|-------------|-------------------------------|-------|
| COUN 690 | Field of Counseling I | 3 |
| COUN 691 | Multicultural Human Relations | 3 |
| PSY 200 | General Psychology | 3 |
| Select One: | | 3 |
| PSY 431 | Developmental Psychology | |

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| PSY 330 | Child Development |
| S W 410 | Human Development and the Social Services |

Electives (6-8 units)

Social Justice Elective

Select One:

| Code | Title | Units |
|-------------------------|--|-------|
| AIS 420 | Native Genders and Feminism | 3 |
| AIS 440 | Native Sexualities and Queer Discourse | 3 |
| AIS 470 | American Indian Ethnicity: Problems in Identity | 3 |
| AFRS 515 | Black Family Studies | 3 |
| COMM 541 | Critical Approaches to Culture and Communication | 4 |
| COMM 557/ LS 403 | Performance and Pedagogy of the Oppressed for Educators | 3 |
| COUN 110 | Critically Thinking About Career Choice: Self, Community, Society, and the World | 3 |
| PSY 450 | Variations in Human Sexuality | 3 |
| RRS 303 | Health and Wellness among Pacific Islanders | 3 |
| RRS 410 | Grassroots Organizing for Change in Communities of Color | 3 |
| RRS 571 | Women, Race, and Class | 3 |
| RRS 580 | Educational Equity | 3 |
| S ED 300 | Education and Society | 3 |
| SOC/RRS 330 | Comparative Race and Ethnicity in the U.S.: Class, Gender, and Nation | 3 |
| SOC/SXS 400/ PSY 450 | Variations in Human Sexuality | 3 |
| SPED 330 | Introduction to Disability | 3 |
| WGS 220 | Introduction to Feminist Disability Studies | 3 |
| WGS/AIS 420 | Native Genders and Feminism | 3 |
| WGS 511 | Women and Violence | 3 |

General Elective

Select One:

| Code | Title | Units |
|---------------------|--|-------|
| AFRS 401 | Pan African Black Psychology: A North American, South American, and Caribbean Comparison | 3 |
| AFRS 525 | Black Child Development | 3 |
| C J 550 | School Violence and Discipline | 3 |
| COMM 502 | Interpersonal Communication | 4 |
| COUN 110 | Critically Thinking About Career Choice: Self, Community, Society, and the World | 3 |
| FCS 220 | Young Children and Families | 3 |
| FCS 321 | Adolescents and Families | 3 |
| LTNS 380 | Afro/Latina/o Diasporas | 3 |
| PSY/SXS 320 | Sex and Relationships | 3 |
| PSY 464 | Psychology of Career Pursuit | 3 |
| PSY 465 | The Psychology of Work-Life Stress | 3 |
| SOC 464 | Families and Society | 4 |
| SOC 467/ SXS 667 | Lesbian, Gay, Bisexual, Transgender and Queer Cultures and Society | 4 |

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| SOC 469 | Gender and Society | 4 |
| S W 350 | Services to Children, Youth, and Their Families | 3 |