

BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS: CONCENTRATION IN FOODS AND COMMUNITY NUTRITION – NUTR ASSOCIATE DEGREE FOR TRANSFER (ADT) ROADMAP

This is a sample pathway for students who transfer to San Francisco State University in the current Bulletin year with an AS-T in Nutrition and Dietetics. At least 14 units in the major (BIOL 210/BIOL 211, CHEM 115, NUTR 253, and PSY 200) and all lower-division GE requirements have been satisfied. Additional units in the major may have been satisfied. Check with a major advisor about the most appropriate course sequence. **Degree completion guaranteed in 60 units; see the Associate Degree for Transfer (ADT) section for more information (<http://bulletin.sfsu.edu/undergraduate-admissions/transfer-students/>).**

To Do at SF State:

Enough total units to reach 120 minimum for graduation; 30 units minimum at the upper-division level; to include the following:

University-Wide Requirements: 9-15 units

- American Institutions (0-6 units) - US History, US Government, California State and Local Government. See the next bullet if not completed before transfer.
- Upper Division GE areas B, C, and D (9 units) – Courses required for the major may double-count if approved for UD GE.
- Students entering this major with the AS-T in NUTR are not required to fulfill SF State Studies or Complementary Studies requirements.

Nutrition and Dietetics Major – Concentration in Foods and Community Nutrition: 27 - 31 units

- Core Requirements (includes University GVAR course): 24 - 27 units. CHEM 115, NUTR 253, and PSY 200 met before transfer. MATH 124 may have been met before transfer.
- Professional Requirement: 3 units
- Electives: 0-2 units BIOL 210 and BIOL 211 met before transfer. BIOL 212, BIOL 213, and/or BIOL 220 may have been met before transfer.

University Electives: 15 or more units

Depends on course choices made at the community college, how transferred units are applied to the requirements above, and course choices at SF State - some courses may meet more than one requirement, e.g., in both UD GE and the major.

Course	Title	Units
First Semester		
NUTR 357	Principles of Food Preparation (Major Core, UD-B)	3
or University Elective if satisfied before transfer		
MATH 124	Elementary Statistics (Major Core, B4)	3
or University Elective if satisfied before transfer		
Major Elective ¹		3
US History (http://bulletin.sfsu.edu/undergraduate-education/american-institutions/#USHaGR)		3
or University Elective if satisfied before transfer		
University Elective		3
		Units 15
Second Semester		
HTM 560	Hospitality Human Resource Management (Major Core)	3
NUTR 353GW	Foodservice Systems Management - GVAR (Major Core)	3
NUTR 453	Nutrition in the Life Cycle (Major Core)	3
NUTR 457	Management of Quantity Food Purchasing and Production (Major Core)	3
U.S. and California Government (http://bulletin.sfsu.edu/undergraduate-education/american-institutions/#usg)		3
or University Elective if requirement met before transfer		
		Units 15
Third Semester		
NUTR 551	Nutrition Education and Communication (Major Core)	3
NUTR 557	Experimental Food Study (Major Core)	3
GE Area UD-C: Upper-Division Arts and/or Humanities		3
University Electives - Take Two		6
		Units 15
Fourth Semester		
FCS 600	Professional Development (Major Professional Requirement)	3
NUTR 651	Community Nutrition and Assessment (Major Core)	3
GE Area UD-D: Upper-Division Social Sciences		3
University Electives - Take Two		6
		Units 15
		Total Units 60

¹ **Major Electives - Select As Needed (0-2 units)**

A U 220 SF State and Braven Career Accelerator (3 units)
AFRS 370 Health, Medicine, and Nutrition in the Black Community (3 units) (UD-D, AERM, ES, SJ)
BIOL 210 General Microbiology and Public Health (3 units)
& BIOL 211 General Microbiology and Public Health Laboratory (1 units)
BIOL 212 Principles of Human Physiology (3 units)
& BIOL 213 Principles of Human Physiology Laboratory (1 units)
BIOL 220 Principles of Human Anatomy (4 units)
BIOL 326 Disease! (3 units)
BUS 216 Foundations in Business Communications (3 units) (E)
CAD 223 Infants, Toddlers, and Families (3 units)
ECON 101 Introduction to Microeconomic Analysis (3 units) (D1)
ECON 102 Introduction to Macroeconomic Analysis (3 units)
ENVS 130 Environmental Studies (3 units) (ES)
FCS 220 Young Children and Families (3 units) (D1)
FCS 426 Family Stress, Coping, and Resilience (3 units)
FCS 543 Sustainability in the Textile, Housing, and Food Industries (3 units) (UD-D, ES)
GEOG 427 Agriculture and Food Supply (4 units) (ES, GP)
HH 380 Holistic Health: Western Perspectives (3 units) (UD-B, GP)
HH 381 Holistic Health: Eastern Perspectives (3 units) (UD-D, GP)
HH 382 Holistic Health: Human Nature and Global Perspectives (3 units) (UD-C, GP)
HTM 110 Introduction to Hospitality and Tourism Management (3 units) (ES, GP, SJ)
KIN 331 Peak Performance (3 units) (UD-D, GP, SJ)
KIN 355 Science, Sport, and Fitness (3 units) (UD-B)
LABR 250 Introduction to the Study of Labor (3 units) (D1, GP)
LABR 251 Know Your Work Rights (3 units) (D1, SJ)
LTNS 210 Latina/o/x Health Care Perspectives (3 units) (B2, AERM, ES, GP, SJ)
MGMT 405 Introduction to Management and Organizational Behavior (3 units)
NUTR 356 Foods and World Culture (3 units)
PH 200 Global Health (3 units) (D1, GP, SJ)
PH 210 Personal and Social Determinants of Health (3 units) (D1, SJ)
PH 221/ETHS 221 Health and Social Justice - Burning Issues, Taking Action (3 units) (D1, AERM, SJ)
PH 241/ETHS 241 Health and Social Movements in the United States in the 20th Century (3 units) (D2, USH, AERM, SJ)
PH 290 Promoting Positive Health (3 units) (C1, GP)
PH 455 Community Organizing and Community Building for Health (3 units) (UD-C, AERM, GP, SJ)
RRS 303 Health and Wellness among Pacific Islanders (3 units) (UD-B, SJ)
RRS 304 Decolonize Your Diet: Food Justice and Gendered Labor in Communities of Color (3 units) (UD-B, AERM, SJ)