

# BACHELOR OF ARTS IN RACE, ETHNICITY, AND HEALTH

The Bachelor of Arts in Race, Ethnicity, and Health provides students with the knowledge and skills required to understand and address racial and ethnic health inequities in the U.S. The program critically examines the root causes of health inequities and ways to alleviate these inequities to promote social and health justice among communities of color. It provides a curriculum that is rooted in the strong history of the Ethnic Studies discipline “to prepare students for the increasingly multiethnic, multicultural society and an analysis of the challenges that Ethnic Studies faces within the system (CSU Task Force Report on the Advancement of Ethnic Studies, 2016).” The core curriculum of this program approaches public health with an Ethnic Studies lens to provide students with a critical understanding of various systems of oppression and racism preventing various racial and ethnic communities from achieving good health. Students majoring in Race, Ethnicity, and Health program prepare students for a career in public health by giving them experience working with racially and ethnically diverse populations. The core competencies of the program center on health inequity of communities of color and support of the agency of peoples of color.

## Learning Outcomes

- Critically analyze the history and contemporary lived experiences of people of color in the U.S.
- Examine social, cultural, and structural determinants of health, including racism and other forms of oppression, and how they impact the health of communities of color.
- Evaluate theoretical framework and critique research within the field and practice of public health and establish their positions.
- Apply the skills and knowledge acquired through course concepts and critical theories and methodologies toward the creation of evidence-based solutions to address the underlying root causes of racial and ethnic health inequities.
- Apply principles of community-engaged scholarship and community service learning to promote and protect the health and well-being of communities of color.
- Demonstrate through oral and written skills, an understanding of racial disparities and health inequities.

## Race, Ethnicity, and Health (B.A.) – 39 units

### Core (15 units)

Code	Title	Units
ETHS 300GW	Writing in Ethnic Studies - GVAR	3
ETHS 500	Introduction to Race, Ethnicity, and Health	3
ETHS 570	Senior Capstone for Race, Ethnicity, and Health	3
ETHS 647	Understanding Health Disparities Among Underserved Communities	3
ETHS 697	Field Research or Internship in Ethnic Studies	1-3

### Breadth (24 units)

#### Histories of People of Color in the U.S. (6 units)

Select two from the following:

Code	Title	Units
<b>Asian American</b>		
AA S 210	History of Asians in the United States	3
AA S 320	Chinese in the United States	3
AA S 330	Nikkei in the United States	3
AA S 350	Filipina/os in the United States	3
AA S 360	Koreans in the United States	3
AA S 370	Vietnamese in the United States	3
AA S 510	Asian Americans in California	3
AA S 541	South Asian Diaspora	3
AA S 570	Southeast Asians in the United States	3
<b>African American</b>		
AFRS 208	Introduction to African American History	3
AFRS 303	African American History	3
<b>American Indian</b>		
AIS 150	American Indian History in the United States	3
AIS 205	American Indians and U.S. Laws	3
<b>Latina/o</b>		
LTNS 265	Topics in Latina/o/x History	3
LTNS 276	Latina/o, U.S. Government, and Constitutional Ideals	3
LTNS 278	History of Latinos in the U.S.	3
LTNS 465	Mexican American and Chicana/x/o History	3
LTNS 467	Caribbeans in the U.S.: History and Heritage	3
LTNS 470	Latina/o Immigration to the U.S.	3
<b>Race &amp; Resistance</b>		
RRS 103	Introduction to Pacific Islander Studies	3
RRS 240	All Power to the People: Comparative Freedom Movements of the "Sixties"	3
RRS 600	History of People of Color in the U.S.	3
<b>Health (9 units)</b>		
<b>Code</b>	<b>Title</b>	<b>Units</b>
<b>Community Health (Select Two):</b>		
AA S 591	Asian American Community Health Issues	3
AFRS 370	Health, Medicine, and Nutrition in the Black Community	3
AIS 450	American Indian Science	3
LTNS 210	Latina/o/x Health Care Perspectives	3
RRS 303	Health and Wellness among Pacific Islanders	3
<b>Health Elective (Select One):</b>		
AFRS 200	Introduction to Black Psychology	3
AFRS 646	Frantz Fanon's Psychology of Violence, Negation, and Liberation	3
AIS 250	American Indian Populations and Colonial Diseases	3
LTNS 211	Latina/o/x Families	3
LTNS 500	Latina/o Community Mental Health	3
LTNS 692	Cuba: Health, Education, and Culture	3
RRS 460	HIV and AIDS Impacts and Resistance Among Communities of Color	3

**Equity, Justice, and Environment (3 units)**

Code	Title	Units
AA S 587	Asian Americans and Environmental Justice	3
AFRS 466	Black Lives Matter: Race and Social Movements	3
AFRS 678	Urban Issues of Black Children and Youth	3
AIS 520	Before the Wilderness: American Indian Ecology	3
LTNS 485	Latina/o Youth, Crime, and Justice	3
LTNS/RRS 580	Educational Equity	3
RRS 252	Beyond Bars and Borders: Race and the Carceral State	3
RRS 276	Race, Activism and Climate Justice	3
RRS 480	Youth Culture, Race and Resistance	3

**Healing, Wellness, and Liberation (6 units)**

Select two from the following:

Code	Title	Units
AA S 520	Asian American Musical Communities	3
AIS 320	American Indian Music	3
AIS 400	American Indian Education	3
LTNS 305	Latina/o Studies Creative Writing Workshop	3
LTNS 440	Caribbean Cultures and Spirituality	3
LTNS 455	Resistance Literature of the Americas	3
RRS 270	Creativity, Decolonization, and Social Justice in Oceania	3
RRS 304	Decolonize Your Diet: Food Justice and Gendered Labor in Communities of Color	3
RRS 490	Race, Art, and Social Justice	3

**Complementary Studies**

Students in the B.A. Race, Ethnicity, and Health program will satisfy the Complementary Studies requirement with the completion of the Breadth courses that are required for the major.

**First-Time Student Roadmap (4 Year)**

The roadmaps presented in this Bulletin are intended as suggested plans of study and do not replace meeting with an advisor. For a more personalized roadmap, please use the Degree Planner (<https://registrar.sfsu.edu/degreeplanner/>) tool found in your [Student Center](#).

[First-Time Student Roadmap \(http://bulletin.sfsu.edu/colleges/ethnic-studies/ba-race-ethnicity-health/roadmap-i-ii-eng/\)](http://bulletin.sfsu.edu/colleges/ethnic-studies/ba-race-ethnicity-health/roadmap-i-ii-eng/)

**Transfer Student Roadmap (2 Year)**

For students with an AA-T in Child and Adolescent Development; Law, Public Policy, and Society; Social Justice Studies; or Social Work and Human Services or an AS-T in Public Health Science.

[Transfer Student Roadmap \(http://bulletin.sfsu.edu/colleges/ethnic-studies/ba-race-ethnicity-health/adt-roadmap/\)](http://bulletin.sfsu.edu/colleges/ethnic-studies/ba-race-ethnicity-health/adt-roadmap/)

**This degree program is an approved pathway (“similar” major) for students earning the ADT in Social Justice Studies**

California legislation SB 1440 (2009) mandated the creation of the Associate Degree for Transfer (ADT) to be awarded by the California

Community Colleges. Two types of ADTs are awarded: Associate in Arts for Transfer (AA-T) and Associate in Science for Transfer (AS-T).

Note: no specific degree is required for admission as an upper-division student. However, the ADT includes specific guarantees related to admission and graduation and is designed to clarify the transfer process and strengthen lower-division preparation for the major.

An ADT totals 60 units and in most cases includes completion of all lower-division General Education requirements and at least 18 units in a specific major. (The Biology, Chemistry, and Environmental Science AS-T degrees defer 3 units in lower-division GE area C and 3 units in lower-division GE area D until after transfer.) Students pursuing an ADT are guaranteed admission to the CSU if minimum eligibility requirements are met, though not necessarily to the CSU campus of primary choice.

Upon verification that the ADT has been awarded prior to matriculation at SF State, students are guaranteed B.A. or B.S. completion in 60 units if pursuing a “similar” major after transfer. Determinations about “similar” majors at SF State are made by faculty in the discipline.

Degree completion in 60 units cannot be guaranteed when a student simultaneously pursues an additional major, a minor, certificate, or credential.

A sample advising roadmap for students who have earned an ADT and continue in a “similar” major at SF State is available on the Roadmaps tab on the degree requirements page for the major. The roadmap displays:

- How many lower-division units required for the major have been completed upon entry based on the award of a specific ADT;
- Which lower-division requirements are considered complete upon entry based on the award of a specific ADT;
- How to complete the remaining 60 units for the degree in four semesters.

Students who have earned an ADT should seek advising in the major department during the first semester of attendance.

**General Advising Information for Transfer Students**

- Before transfer, complete as many lower-division requirements or electives for this major as possible.
- The following courses are not required for admission but are required for graduation. Students are strongly encouraged to complete these units before transfer; doing so will provide more flexibility in course selection after transfer.
  - a course in U.S. History
  - a course in U.S. & California Government

For information about satisfying the requirements described in (1) and (2) above at a California Community College (CCC), please visit <http://www.assist.org> (<http://assist.org>). Check any geographically accessible CCCs; sometimes options include more than one college. Use ASSIST to determine:

- Which courses at a CCC satisfy any lower-division major requirements for this major;
- Which courses at a CCC satisfy CSU GE, US History, and US & CA Government requirements.

Remedial courses are not transferable and do not apply to the minimum 60 semester units/90 quarter units required for admission.

Additional units for courses that are repeated do not apply to the minimum 60 units required for upper-division transfer (for example, if a course was not passed on the first attempt or was taken to earn a better grade).

Before leaving the last California Community College of attendance, obtain a summary of completion of lower-division General Education units (IGETC or CSU GE Breadth). This is often referred to as a GE certification worksheet. SF State does not require delivery of this certification to Admissions, but students should retain this document for verifying degree progress after transfer.

Credit for Advanced Placement, International Baccalaureate, or College-Level Examination Program courses: AP/IB/CLEP credit is not automatically transferred from the previous institution. Units are transferred only when an official score report is delivered to SF State. Credit is based on the academic year during which exams were taken. Refer to the University Bulletin in effect during the year of AP/IB/CLEP examination(s) for details regarding the award of credit for AP/IB/CLEP.

Students pursuing majors in science, technology, engineering, and mathematics (STEM) disciplines often defer 6-9 units of lower-division General Education in Areas C and D until after transfer to focus on preparation courses for the major. This advice does not apply to students pursuing associate degree completion before transfer.

## **Transferring From Institutions Other Than CCCs or CSUs**

Review SF State's lower-division General Education requirements. Note that, as described below, the four basic skills courses required for admission meet A1, A2, A3, and B4 in the SF State GE pattern. Courses that fulfill the remaining areas of SF State's lower-division GE pattern are available at most two-year and four-year colleges and universities.

Of the four required basic skills courses, a course in critical thinking (A3) may not be widely offered outside the CCC and CSU systems. Students should attempt to identify and take an appropriate course no later than the term of application to the CSU. To review more information about the A3 requirement, please visit [bulletin.sfsu.edu/undergraduate-education/general-education/lower-division/#AAEL](https://bulletin.sfsu.edu/undergraduate-education/general-education/lower-division/#AAEL).

Waiting until after transfer to take a single course at SF State that meets both US and CA/local government requirements may be an appropriate option, particularly if transferring from outside of California.